

NEXT LEVEL LEADERSHIP TRAINING

Your ultimate you in action!

WHY

This era of ever growing complexity, fast paced change and highly complex interconnected issues, calls us to take our leadership to the next level. These times of paradoxes and dilemmas, urge us to step into action at the right moment, lead authentically and in the most appropriate manner, individually as well as collectively. We need the best version of ourselves to step into action together. Next level leadership. Our ultimate self. Your ultimate you! Towards the next level of leadership.

WHAT

In this training we will explore 21st century leadership concepts and dive into their practical use. We will determine what these new perspectives mean for your daily routines and your next day challenges. We will practice new methods and techniques. And we will work with your emotions on a deeper level and learn how to put them to practical use. On a physical level we will deepen the knowledge of how the body performs best, discover the power of silence and how to turn your mind into an ally.

We will make sure that you know where to turn to in times of dilemma and paradox

OUTCOMES

- Be ready for the demands of organisations in an increasingly complex world
- Experience a transformational self-development journey
- Build a community of professionals who enjoy a shared practice field and be thrilled by the collective wisdom we hold
- Leave inspired and enriched by a community of fellow travellers. With all of our sparks, we are ready to ignite a fire.

Module 1 – Next Level Leadership Practices

In this module we will learn, discuss and practice a proven blend of 21st century leadership concepts including, Integral, Spiral Dynamics/Teal, Theory U, Presencing, Synchronicity and Art of Hosting. Combined with insights from Mindfulness/Shambhala and physical exercises this is a module in which you will gain awareness about the range of possibilities available to you as a next level leader.

Expected outcomes:

- Use a range of wholeness practices
- Experience participatory leadership styles
- Create trusting and empowering relationships

Day 1 Concepts	Day 2 Skills	Day 3 Group work
Introduction to program & participants	Wholeness practices & Deep Listening	Art of Hosting large group processes
Exploration of Participatory Leadership Concepts	Appreciative Inquiry	Kick boxing
Mindfulness/ Shambala Exercises	Needs & Fears model by Fritz Riemann	Participatory Leadership Creating a meaningful way to complete the first Module
	Outdoors exercise	Completion Round
Story Telling	Story Telling	Closure

Module 2 – Next Level Leadership in Action

This module is about getting into action and working with creating the future for yourself and the community you live and work in. What is your purpose? How do you engage & inspire people to move in a certain direction? Are you ready to commit to goals that matter to you? How are you distributing your energy?

You will learn to use the models for creating productive work environments where people are motivated and take responsibility for their actions.

Expected outcomes:

- Renewed sense of direction
- Ability to create purpose for self and others
- Create organisations in which people

Day 1 Leading Self	Day 2 Leading Others	Day 3 Leading Others
Exploration of role models, leadership styles and assumptions	Theory U- Group Purpose Statement	Knowledge Expeditions: - Non-violent communication - Teal exploration - Body work - Needs and fears model
Individual Life Purpose Statement	Bio-energetics	Organising meetings for action From relationship, to possibilities, to decisions for action, to commitment
Yoga	Outdoors team work exercise	Design for wiser action
Life Boat exercise: your impact as a leader	Performance Evening / Art	Closure

In between Module 1 and 2

Participants are expected to do a 2,5 hour workshop (on a topic of their choice) to experiment with their newly acquired skills & insights in the workplace to keep the learning alive and embed their insights in their day-to-day life.

To discuss the experiences in this period and to deepen the learning between module 1 and 2 there will be a two-hour webinar and a professional coach will be assigned to each participant to have an individual coaching sessions.

FOR WHOM

The Next Level Leadership Training is geared to practicing and aspiring leaders who want to embark on a transformational self-development journey to increase their leadership abilities in a playing field with like minded people. It is for people who want to learn new practises to create and lead extraordinary productive and purposeful teams and organisations.

Timings

Module I

From 9.00 hrs Wednesday 23 – 17.00 hrs Friday 25 November 2016

Module II

From 9.00 hrs Wednesday 11 – 17.00 hrs Friday 13 January 2017

Language

The program will be presented in English, so good working knowledge of English is necessary. Work in the smaller groups can be done in any preferred language.

Location & Price

'Ieders Plak' on Terschelling island in The Netherlands

Corporate, NGO € 3.700 (excl. VAT)

Corporate, NGO € 4.100 (VAT not applicable)

Early bird (till 1st of September) € 3.000

Students (Nyenrode, MBA, Business Schools) special fee upon request.

Obligatory food arrangement (lunch, dinner, coffee, tea) € 300

Excl. sleeping accommodation. Information upon request

Transport

You will need to book a boat to arrive on the island through www.rederij-doeksen.nl. The boat departs from the harbour in Harlingen (Friesland). You can either take the slow boat (2 hrs) or the fast boat (45 min). Please wait before booking the boat. Upon registration you may receive a discount code.

Dress Code

Informal / casual and outdoors clothing (bring sport shoes & clothes)

NB Participants will have a full day and evening program and are not available by phone during sessions. We recommended that participants have no work or private obligations during the program.